

SVdP CONFERENCES SPOKANE & SPOKANE VALLEY

St. Anthony

2320 N. Cedar St.
Spokane 99205
Parish office: 509 327-1162
Leave message for call back

Mary Queen

3423 E. Carlisle Ave.
Spokane 99217
Conference duty phone:
509 714-3620
Do NOT call the parish office

St. Francis of Assisi

1104 W. Heroy St.
Spokane 99205
Conference duty phone:
509 202-8331

St. Thomas More

505 W. St. Thomas More Way
Spokane 99208
Parish office: 509 466-0220
Parish office hours:
M-F 8:00 am-4:00 pm

St. Mary

304 S. Adams Rd.
Spokane Valley 99216
Conference duty phone:
509 703-7867
Leave message for call back

SPOKANE AREA RESOURCE GUIDE 2020

Public Information



SOCIETY OF ST. VINCENT de PAUL District Council of Spokane

**P.O. Box 2906
Spokane, WA 99220-2906**
www.svdpspokane.com

“Charity must be well organized to be effective.” Vincent de Paul

Let us do things in a decent and orderly manner. Cor. 14:40

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ADDRESS/PROPERTY SEARCH

www.spokanecounty.org/pubpadal/ type in address

AUTOMOTIVE MAINTENANCE

Spokane Community College

(diagnostics & minor repair on vehicles newer than 10 yrs. NO engine or transmission work)
509 533-7100

CAREER COUNSELING, MENTORING & PREPARATION

AARP Senior Employment

(55 & older, low income; bring skills up to date)
509 325-7712

Career Path Services

(no fee nonprofit employment & training)
509-326-7520
www.Careerpathservices.org

Career Transitions

(Spokane Community College)
509 533-4600

Community Colleges Institute for Extended Learning - GED Preparation

(ages 19 and up)
509 533-4600
www.iel.spokane.edu

Next Generation Zone

(FREE GED prep/test - low income; ages 16-24)
509 340-7800
www.nextgenzone.org

Spokane County Libraries

www.sclid.org (job seeker resources)

WorkSource Spokane

(one stop services center; no appt. required)
509 532-3000
130 S. Arthur St., Spokane 99202
www.worksource.wa.com

YWCA Opportunity Center

509 326-1190
930 N. Monroe St., Spokane
www.ywcaspokane.org

CELL PHONE ASSISTANCE

Assurance Phone Program

1-888 898-4888
www.assurancewireless.com

SafeLink Wireless

1-800 877-233-5465

NOTE: need to have shipping address

<https://freegovernmentcellphoneguide.com>

CHILDREN'S NEEDS

Childbirth & Parenting Assistance (CAPA)

Pregnancy & Parenting Support (PREPARES)

(Administered by Catholic Charities)

(pregnancy to child's 5th birthday; diapers, clothing, counseling)

25 W. 5th Ave., Spokane
509 455-4986

Children's Home Society of WA

Parents As Teachers

(FREE home visiting program;
Pregnancy to age 3)

509 747-4274

Martin Luther King Family Outreach Center

(East Central Community Center)

500 S. Stone St., Spokane
509 323-2830

Mission Community Outreach Center

(diapers; check in August for back-to-school shoes)

1906 E. Mission Ave., Spokane
509 536-1084

Northeast Community Center

4001 N. Cook St., Spokane
509 323-2828

cont.

CHILDREN'S NEEDS, cont.

North Spokane WIC

5901 N. Lidgerwood St., #224, Spokane
509 323-2818

Pregnancy & Parenting Support (PREPARES)

(pregnancy to child's 5th birthday; diapers & clothing)
(Lambs Closet)
304 S. Adams Rd., Spokane Valley
509 928-3210, Ext. 152

Salvation Army Backpacks for Kids

(check for August date)

www.spokane.salvationarmynw.org/spokane/backpacks-for-kids-spokane

Soul to Soles

(new shoes & socks for preschool children enrolled in federal/state preschool programs, ECEAP centers)
www.soultosoles.org

Spokane Valley Partners

(diapers once a month; layettes for newborns)
10814 E. Broadway Ave., Spokane Valley
509 927-1153

Vanessa Behan Crisis Nursery

(diapers, wipes & formula once a month; overnight crisis nursery)
1004 E. 8th Ave., Spokane
509 535-3155

Women, Infants, Children Supplemental Food Program (WIC)

www.wicspokane.org

Downtown Spokane-SRHD

1101 W. College Ave.
509 324-1620

West Central Community Center

1603 N. Belt St., Spokane
509 323-7497

Spokane Valley WIC

12213 E. Broadway Ave, 2nd Flr.
509 323-2800

CLOTHING BANKS

NOTE: days & hours vary; call for information. May require proof of address.

American Indian Community Center

(Assists 99202 zip code)
610 E. North Foothills Dr., Spokane
509 535-0886

Central Lutheran Church

512 S. Bernard St., Spokane
509 624-9233

City Gate Spokane

170 S. Madison St., Spokane
509 455-9670

Dream Center Resource Center

2128 N. Pines Rd., #2, Spokane Valley
509 926-7878

Mission Community Outreach Center

1906 E. Mission Ave., Spokane
509 536-1084

Opportunity Christian Fellowship

Klothes Kloset

(Thurs & Fri 10 am-2 pm)
12321 E. 14th Ave., Spokane Valley
509 926-2673

Our Place Ministries

1509 W. College Ave., Spokane
509 326-7267

Peaceful Valley Community Center

214 N. Cedar St., Spokane
509 624-8634

Serve Spokane

(assists 99208 zip code)
8303 N. Division St., Spokane
509 998-5722

Spokane Valley Partners Clothing Bank

(Mon-Thurs, varying hours)
10814 E. Broadway Ave., Spokane Valley
509 927-1153

cont.

CLOTHING BANKS, cont.

Union Gospel Mission (UGM)

1224 E. Trent Ave., Spokane
509 535-8510

YWCA- Spokane

930 N. Monroe St., Spokane
509 777-9622

DOMESTIC VIOLENCE HELP

YWCA Alternatives to Domestic Violence

930 N. Monroe St., Spokane
509 326-2255 (24-hr. hotline)
509 789-9297 (counseling)
509 326-1190 (general counseling)
www.ywcaspokane.org

ELDER NEEDS

Adult Protective Services

1-800-459-0421

Catholic Charities of Eastern Washington

(senior services)

509 459-6184
www.cceasternwa.org

Community Living Connections (CLC)

(Aging & Long Term Care of Eastern Washington
(ALTCEW)

(information, referrals & assistance in Spokane
County for seniors & disabled)

509 960-7281 - aging & disabilities helpline
www.altcew.org

Family Caregiver Support/Elder Services

(Frontier Behavioral Health Program)

509 458-7450, Option 2

EMERGENCY SHELTERS

Families

Open Doors

(administered by Family Promise)

(Emergency Day Shelter 7:30 am-7:30 pm)

2002 E. Mission Ave., Spokane
509 723-4663

www.familypromiseofspokane.org

Rising Strong

(family with court referral)

509 960-8632

Salvation Army Family Emergency Shelter

For Families

(Mon-Thurs 12:30-5 pm)

222 E. Indiana Ave., Spokane
509 325-6810

St. Margaret's Shelter

(must be prescreened thru HFCA 509 325-5005)

509 624-9788

Women and Children

Union Gospel Mission (UGM)

Crisis Shelter for Women and Children

(prospective clients check in ANY TIME)

1515 E. Illinois Ave., Spokane
509 535-0486

Women's Recovery at Anna Ogden Hall

(Union Gospel Mission program)

2828 W. Mallon Ave., Spokane
509 327-7737

Single Women, Nighttime (sleeping) Shelter

House of Charity

(accepts people in any condition, including mentally ill
and intoxicated; may bring a pet)

32 W. Pacific Ave., Spokane
509 624-7821

Hope House for Women

Volunteers of America (VOA)

312 W. 8th Ave., Spokane
509 455-2886

EMERGENCY SHELTERS, cont.

Single Women: Daytime Shelters

Women's Hearth

920 W. 2nd Ave., Spokane (showers)
509 455-4249

Our Place Ministries Spokane

(laundry facilities, personal hygiene items)
1509 W. College Ave., Spokane
509 326-7267

Teens

Crosswalk Teen Shelter

(ages 13-17)
525 W. 2nd Ave., Spokane
509 838-6596

Cup of Cool Water (CCW)

(ages 22 and under)
1106 W. 2nd Ave., Spokane
509 747-6686

Single Men

House of Charity

(accepts people in any condition, including mentally ill
and intoxicated. May bring a pet.)
32 W. Pacific Ave., Spokane
509 624-7821

Open Door

2002 E. Mission Ave., Spokane
509723-4663

Union Gospel Mission (UGM)

(sobriety preferred, subject to breathalyzer test and
must attend religious services)
1224 E. Trent Ave., Spokane
509 535-8510

FOOD BANKS

NOTE: call for zip codes served; day and hours may vary.
May require picture ID, current proof of address and social
security cards for household members. Must be over 18.

All Saints Lutheran

314 S. Spruce St., Spokane
509 838-4409
Mon., Wed., Thurs. 10 am-2 pm 10 lb. bag

American Indian Community Center

(assists 99202 zip code)
610 N. Foothills Dr., Spokane
509 535-0886

Audubon Park Methodist Church

(assists 99205 zip code)
3908 N. Driscoll Blvd., Spokane
509 325-4541

Better Living Center

25 E. North Foothills Dr., Spokane
509 325-1258

Calvary Baptist Church

203 E. 3rd Ave., Spokane
509 747-8793

Caritas Outreach Food Bank

(by appointment)
1612 W. Dalke Ave., Spokane
509 326-2249

City Gate

170 S. Madison St., Spokane
509 455-9670 (leave message)

Dream Center

2128 N. Pines Rd., Ste. 2, Spokane Valley
509 926-7878

East Central Community Food Bank

(managed by Martin Luther King Center)
500 S. Stone St., Spokane
509 868-0856

East Point Church

15303 E. Sprague Ave., Spokane Valley
509 533-6800

Cont.

FOOD BANKS, cont.

East Valley Baptist Church

14516 E. Wellesley Ave., Spokane Valley
509 928-4809

Intersection at the River

(Thurs. 1:30-4 pm; serving 99019, 99025,
99037, 99027)

22421 E. Euclid, Otis Orchards
509 953-1519

Northeast Food Pantry

4520 N. Crestline St., Spokane
509 290-5691

North Palouse Community Food Bank

(2nd & last Tues; 9:30 am-12:30 pm)
(serving 99012, 99018, 99030 & 99039)

202 N. Railroad Ave., Fairfield WA
509 283-4250

NW Ecumenical Food Bank

3908 N. Driscoll Blvd., Spokane
509 325-4541 (leave message)

Opportunity Christian Fellowship

(Thurs, & Fri. 10 am-2 pm)

12321 E. 14th Ave., Spokane Valley
509 926-2673

Our Place Food Bank

1509 W. College Ave, Spokane
(south of Montgomery, west of Division)
509 326-7267

Salvation Army Food Bank

(assists all zip codes)

204 E. Indiana Ave., Spokane
509 325-6821

2nd Harvest Mobile Market

(call for locations & dates)

509 252-6270 509 534-6678
www.2-harvest.org

Serve Spokane

(assists 99208 zip code)

8303 N. Division St., Spokane
509 998-5722

Southside Food Bank

2934 E. 27th Ave., Spokane
509 535-2401

Southwest Spokane Community Center

(Fridays)

310 S. Spruce St., Spokane
509 624-8634
www.swspokanec.com

Spokane Valley Partners Food Bank

(by appt., Wed & Thurs)

(serves 99015, 99016, 99023, 99033, 99036, 99206,
99212, 99213, 99214, 99216; or over 60)

10814 E. Broadway Ave., Spokane Valley
509 927-1153

Valley Assembly

(Wed. 4-6 pm)

15618 E. Broadway Ave., Spokane Valley
509 924-0466

Westminster Presbyterian Church Food Bank

2705 W. Boone Ave., Spokane
509 329-0351

FREE MEAL SITES

All Saints Lutheran Church

314 S. Spruce St., Spokane
Tues 5:00 pm

City Gate

170 S. Madison St., Spokane
Wed, Fri-Sun 7:00-8:30 pm

Crosswalk for Teens

525 W. 2nd Ave., Spokane
Every day 9-9:30 am; 12-12:30 pm; 6-6:30 pm

House of Charity

32 W. Pacific Ave., Spokane
Everyday 7:30-8:30 am; 11-11:30 am

cont.

FREE MEAL SITES

Our Lady of Lourdes Church

1115 W. Riverside Ave, Spokane
Mon-Fri 4-5 pm

Shalom Ministries

518 W. 3rd., Spokane
Mon-Thurs 7:30-8:30 am

FURNITURE/HOUSEHOLD ITEMS

NOTE: days & hours vary, call for information

American Indian Center

801 E. 2nd Ave., Spokane
509 535-0886

Better Living Center

25 E. North Foothills Dr., Spokane
509 325-1258

Caritas Outreach Ministries

1612 W. Dalke Ave., Spokane (by appt.)
509 326-2249

Global Neighborhood Thrift

919 E. Trent, Spokane
Mon-Sat 10am-7pm Sun 10am-5pm
www.gnthrift.com

Mission Community Outreach Center

1906 E. Mission Ave., Spokane
509 536-1084

Off-Broadway Family Outreach

W. Broadway Ave. & N. Nettleton St., Spokane
509 998-4096 509 998-2630

Opportunity Christian Fellowship

Klothes Kloset

(Thurs-Fri 10 am-2 pm)

12321 E. 14th Ave., Spokane Valley
509 926-2673

Our Place Ministries

1509 W. College Ave., Spokane
509 326-7267

Peaceful Valley Community Center

214 N. Cedar St., Spokane
509 624-8634

Salvation Army Family Services

204 E. Indiana Ave., Spokane
509 325-6821

Spokane Valley Partners

(Mon-Thurs, varying hours)
10814 E. Broadway Ave., Spokane Valley
509 927-1153

HEALTH CARE ASSISTANCE

Children's Home Society of WA

(child and family counseling birth to age 21)
509 747-4174

Community Health Association of Spokane (CHAS)

(call for medical & dental clinic locations)
509 444-8200
1-866 418-1002 24/7 advice hotline
www.chas.org

Counseling

(thru Catholic Charities of Eastern Washington)
509 242-2308

Frontier Behavioral Health/Spokane Mental Health Services "First Call For Help"

107 S. Division Ave., Spokane
1-877 266-1818 24/7 hotline
www.fbhwa.org

Providence House of Charity Outreach Clinic

32 W. 2nd Ave., Spokane
509 626-9825

WA Department of Social and Health Services (DSHS)

1-877 501-2233 Mon-Fri 8:00 am-5:00 pm
www.dshs.wa.gov

cont.

HEALTHCARE ASSISTANCE, cont.

DSHS Community Services Offices (CSO)

1313 N. Maple St., Spokane
509 227-2500 Mon-Fri 8:00 am-5:00 pm
or
8517 E. Trent, Ste. 101, Spokane
509 227-2770

DentistLink

**The ARCORA Foundation of
Delta Dental of Washington**
(serves Apple Health Medicaid clients
& without insurance)

1-844 888-5465 (call or text to find dentists nearby)
www.dentistlink.org

Spokane District Dental Society Foundation (IDEA Clinic)

4001 N. Cook St. (Spokane NE Community Cntr)
509 482-4332
www.sddsfoundation.org

Spokane Scottish Rite

FREE medical equipment loan closet--no delivery
509 624-5491

Native Project

1803 W. Maxwell Ave., Spokane
509 624-5491
www.nativeproject.org

Union Gospel Mission (UGM)

1224 E. Trent Ave., Spokane
509 483-8735

HOMELESSNESS PREVENTION

Catholic Charities Eastern Washington

19 W. Pacific Ave., Spokane
509 455-4963 emergency hotline
509 358-4250 main number

Diversion/Empowered Solutions (CCEW)

19 W. Pacific Av., Spokane
509 340-9329
www.diversion@cceasternwa.org

Homeless Families Coordinated Assessment (HFCA)

(Administered by Catholic Charities of
Eastern Washington)
19 W. Pacific Ave., Spokane
509 325-5005
(prospective applicants may call for
qualifications)
Walk-in appt: Mon & Wed 12:30 pm-4:30
pm; Tues & Thurs 8:30 am-12:30 pm

Homeless Singles Coordinated Assessment (HSCA)

(Administered by SNAP)
Call for walk-in hours. Appts. Mon-Wed and Fri. 8:00
am-4:30 pm; Thurs 10:30 am-4:30 pm
cont.

212 S. Wall St., Spokane
509 456-7627 (closed 12-1 pm)

Housing Homeless Women With Children

Naomi

(women must be at least 18; wait list)
11302 E. Broadway Ave., Spokane
509 926-6492

Housing Homeless Teen Moms With Children

GraceSon Foundation

509 939-5370
www.gracesonhousingfoundation.org

HOME REPAIR & WEATHERIZATION

Spokane Neighborhood Action Partners SNAP

(minor home repairs, income-based, for homeowners
residing in that home; weatherization tips for homeowners or
landlords)
509 456-7627

LEGAL ASSISTANCE

Gonzaga University Legal Assistance

(assists low income persons 60 and older)

721 N. Cincinnati St., #10, Spokane

509 313-5791

Volunteer Lawyers Program

Spokane County Bar Assn. (VLP)

Northwest Justice Project/CLEAR

(coordinated legal education, advice & referral)

1-888-202-1014 Mon-Fri 9:15 am-12:15 pm

www.nwjustice.org/clear-online

If unable to reach CLEAR contact 509 324-9128;

509 324-0144 Mon or Wed after 1:00 pm

1-888-387-7111 age 60 plus

1-800 606-4819 assistance with foreclosures

MILITARY & RETIRED MILITARY RESOURCES

Fairchild Air Force Base Airman and Family Readiness Center

92 FSS/FSFR

Non-retired veterans NOT eligible

509 247-2246

www.fairchildfamilysupport.org

(type "emergency assistance" in search box)

Army Career Employment Specialist

509 247-7918

Department of Housing & Urban Development & VA's Supportive Housing (HUD-VASH)

509 462-2500

Spokane County Regional Veteran Services

(honorable discharge ONLY)

1111 N. Evergreen Rd., Spokane Valley

509 477-3690

www.spokanecounty.org/Veteran

Spokane Vet Center

(free counseling services; administered by VA)

13109 E. Mirabeau Parkway, Spokane Valley

509 444-8387 or

1-877 927-8387 (for assistance after hours)

U. S. Department of Veterans Affairs

1-877 424-3838

www.va.gov/HOMELSS/NationalCallCenter.asp

Mann-Grandstaff VA Medical Center

509 434-7000 or 1-800 325-7940 (24/7)

www.spokane.va.gov

Free Handy Man for Disabled Veterans/ Veterans Thrift Store

4507 W. Wellesley, Spokane

509 290-6891 everyday-10am-6pm

MISC RESOURCES

Community Court at the Spokane Public Library

906 W. Main, Spokane

Needle Exchange

1101 W. College Ave., Spokane

MONEY MANAGEMENT WORKSHOPS

Protective Payee Programs

American Indian Community Center 509 535-0886

Goodwill 509 344-0263

Spokane Valley Partners 509 927-1153, Ex. 21

Spokane Neighborhood Action Partners SNAP

(money management, foreclosure prevention & more)

500 S. Stone St., Spokane

509 456-7627

www.snapwas.org

NATIVE AMERICAN RESOURCES

(services for tribal & non-tribal community members)

American Indian Community Center

610 E. North Foothills Dr., Spokane

509 535-0886

www.aiccinc.org

cont.

[NATIVE AMERICAN RESOURCES,](#) [cont.](#)

Native Project

1803 W. Maxwell Ave., Spokane
509 483-7535 medical
509 483-8735 dental
www.nativeproject.org

Camas Path

934 S. Garfield Rd.
Airway Heights, WA 99001
509 789-7630
www.kalispeltribe.com

Vocational Rehabilitation Program Spokane Tribe

NOTE: serves enrolled members of federally recognized tribes with documented disabilities
509 258-7502 or www.annen@SpokaneTribe.com
www.spokanetribe.com

[NEIGHBORHOOD/ SOCIAL SERVICE CENTERS](#)

(food banks are limited to neighboring zip code areas)

Martin Luther King Family Outreach Center

(East Central Community Center)
(food bank; GED classes; SNAP foreclosure prevention & more)
500 S. Stone St., Spokane
509 868-0856
www.mlksokane.org

Northeast Community Center

(SNAP energy appt., ECEAP & Head Start, Community Health)
4001 N. Cook St., Spokane
509 487-1603
www.necommunitycenter.com

Northeast Youth Community Center

(food programs: evening during school & summer)
3004 E. Queen Ave., Spokane
509 487-1603
www.necommunitycenter.com

Southside Community Center

(food bank, blood pressure clinic)
3151 E. 27th Ave., Spokane
509 535-0803
www.southsidecc.org

Southwest Spokane Community Center

(food bank open Fridays)
310 S. Spruce St., Spokane
509 624-8634
www.swspokaneccc.com

West Central Community Center

(Head Start/Early Learning Center)
1603 N. Belt St., Spokane
509 326-9540
www.westcentralcc.org

Spokane Resource Center:

A HUD EnVision Center

(one-stop social services center; no appt. required)
130 S. Arthur St., 2nd Floor, WorkSource Bldg.
509 867-8189

[PET NEEDS](#)

Humane Society Spokane

(free dog and cat food)
6607 N. Havana St., Spokane
509 467-5235, Ext. 215
NOTE: Meals-On-Wheels clients do not need to share meals with pets. Free cat and dog food may be available.

Meals-On-Wheels

509 456-6597 Spokane

Meals-On-Wheels

509 924-6976 Greater Spokane County

Spokane Valley Partners

509 927-1153
Available during Wed & Thurs food bank hrs.

RENTERS GUIDANCE

Responsible Renters Program

(facilitated by YWCA of Spokane)

Classes to understand getting and keeping housing.
509 789-9281

REPORT ABUSE OR NEGLECT

Adult Protective Services

(report suspected abuse, neglect or exploitation of a vulnerable adult)

1-800 459-0421

WA Department of Social & Health Services (DSHS)

(report suspected abuse or neglect of child or vulnerable adult)

1-866-ENDHARM (1-800 866 363-4276)

www.dshs.wa.gov

Call 911 if a child or adult is in an emergency situation.

TENANT ADVOCACY

Spokane Center for Independent Living (SCIL)

8817 E. Mission, Ste. 106, Spokane Valley
509 326-6355

Tenants Union of WA State

(tenants' rights counseling)

10814 E. Broadway Ave., Spokane Valley

1:30 pm-3:30 pm, 2nd & 4th Wed.

206 723-0500 hotline

509 464-7620 call for other locations

www.tenantsunion.org

UTILITIES ASSISTANCE

Audubon Park Methodist Church

(assists 99205 zip code)

509 325-4541

Avista

1411 E. Mission Ave., Spokane 99252-0001

1-800 227-9187 (dial "0" or say "agent")

www.avistautilities.com

AvistaCares

(Customer Assistance & Referral)

509 495-4074

Cancer Care

(national organization assisting those with cancer)

1-800 813-4673

Caritas Outreach Ministries

(assists North of Montgomery, West of Division)

1612 W. Dalke Ave., Spokane (Spokane Friends Church)

509 326-2249

www.caritasoutreachministries.org

Catholic Charities Eastern Washington

509 455-4963 emergency hotline

509 358-4250 main number

www.cceasternwa.org

211 Washington Information Network

211 or 1-877 211-9274 Mon-Fri

<http://win211.org>

Crisis Response-211

Washington Information Network

211 or 509 838-4651 or 509 838-4128 or

509 838-4428 Mon-Fri

Holy Cross Lutheran Church

(assists North of Sprague, East of Division)

509 483-4218

Martin Luther King Family Center

(assists 99202 zip code)

500 S. Stone St., Spokane

509 455-8722 family services dept.

www.mlkspokane.org

New Hope Resource Center

(assists Hawthorne Rd. to Chattaroy)

509 467-2900

Cont.

UTILITIES ASSISTANCE, cont.

Our Place Ministries Spokane

(assists South of Montgomery, West of Division)
509 326-7267

Real Life Ministries

509 466-1214

St. John Vianney Church Spokane Valley

(assists within parish boundaries)
509 926-5428 Tues & Thurs 9 am-12 pm

Salvation Army Family Service Center

(call for current hours & necessary documents; bring proof of income within last 30 days & shut off notice.)
204 E. Indiana Ave., Spokane
509 325-6821

Spokane City Utilities (water billing)

311 or 509 755-2489

Spokane Neighborhood Action Partners (SNAP)

509 242-2376 utilities appointments
409 456-7627 urgent heat assists
www.snapenergyassistance.org
509 319-3035 COVID-19 related rent assistance
CountyERAP@snapwa.org - rent assistance

SNAP Northeast

4001 N. Cook St., Spokane
509 456-7627

SNAP Armory

212 W. 2nd Ave., Spokane
509 456-7627

SNAP Spokane Valley

(Assists Havana St. to Idaho border.
Energy Appts. - open seasonally)
10814 E. Broadway Ave., 2nd Flr,
Spokane Valley

Spokane Scottish Rite

(assists Avista customers only)
509 624-5491

Spokane Valley Partners

(assists Avista & Vera Water/Power customers)

(call to discuss necessary documents)

10814 E. Broadway, Ext. 12, Spokane Valley
509 927-1153

WINTER WARMING CENTERS

NOTE: warming centers are usually open 8pm-7am on nights when temperature is predicted to fall below 20 deg.

Families

Open Doors

(Administered by Family Promise)
Emergency Day Shelter 7:30 am-7:30 pm
904 E. Hartson Ave., Spokane
509 747-4663
www.familypromiseofspokane.org

Adult Men & Women

Cannon St. Center

527 W. Cannon St., Spokane

Salem Lutheran Church

1428 W. Broadway Ave., Spokane
509 328-6280

Salvation Army Family Resource Center

213 E. Ermina Ave., Spokane
509 325-6810

Westminister Congregational Church

(ages 18-24 years)
411 S. Washington St., Spokane
509 614-1366

Single Women

Hope House for Women

Volunteers of America (VOA)

312 W. 8th Ave., Spokane
509 455-2886

RESOURCES OUTSIDE SPOKANE

NOTE: Call for information, as day & hours vary. Food banks may require picture ID, current proof of address, and Social Security cards for household members. Must be over 18.

Airway Heights

Airway Heights Baptist Church Food Bank

12322 Sunset Hwy., Airway Heights
509 244-2474

Airway Heights Food Bank

13120 W. 13th, Airway Heights
509 244-4845

Airway Heights Thrift Store

509 244-1551

Camas Path

934 S. Garfield Rd., Airway Heights
509 789-7630
www.kalispeltribe.com

Cleone's Closet

1515 S. Lyons Rd., Airway Heights
509 244-6215

SRHD WIC

(Womens, Infants, Children
Supplemental Food Program)
13120 W. 13th Ave., Airway Heights
509 244-9334
www.spokanewic.org

Cheney

Cheney Outreach Services

(Tues-Wed 9:00 am-11:00 am)
616 3rd Ave., Cheney
509 235-8900

Cheney Community Clothing Exchange

620 3rd St., Cheney
509 235-2327

Cheney Food Bank

3rd & C St., Cheney
509 559-2325

SHRD WIC

(Womens, Infants & Children
Supplemental Food Program)
204 4th St., United Methodist Church
509 559-5839
www.spokanewic.org

Colbert

New Hope Resource Center

4211 E. Colbert Rd., Colbert
509 467-2900

Deer Park

GreenHouse Community Center

509 276-6897

SHRD WIC

(Womens, Infants & Children
Supplemental Food Program)
113 E. 2d Ave, United Methodist Church
509 276-3770
www.spokanewic.org

Elk

North County Food Bank

40015 N. Collins Rd., Elk
509 292-2530

Fairfield

North Palouse Community Food Bank

(2nd & last Tues; 9:30 am-12:30 pm)
(serving 99012, 99018, 99030 & 99039)
202 N. Railroad Ave., Fairfield WA
509 283-4250

Mead

Kira's Klostet

(assists children 0-18 yrs.)
12509 N. Market St., Mead
509 465-9466

cont.

RESOURCES OUTSIDE SPOKANE.

cont.

Mead Food Bank

12611 N. Wilson, Mead
509 466-7068

Medical Lake

Care & Share Thrift Store

211 Lefevre St., Medical Lake
509 299-9024

Medical Lake Food Bank

207 S. Washington St., Medical Lake
509 299-3819

Otis Orchards

Intersection at the River

(Thurs 1:30-4:00 pm)

22421 E. Euclid, Otis Orchards
509 953-1519

Spangle

Spangle Food Bank

305 E. 2nd Ave., Spangle
509 245-3206

PROGRAMS DEFINED

AID TO FAMILIES WITH DEPENDENT CHILDREN (AFDC)

Aid to Families with Dependent Children (AFDC) was established by the Social Security Act of 1935 as a grant program to enable states to provide cash welfare payments for needy children who had been deprived of parental support or care because their father or mother was absent from the home, incapacitated, deceased, or unemployed.

APPLE HEALTH (MEDICAID) COVERAGE

In Washington State, Medicaid is called Apple Health. Apple Health provides preventative care, like cancer screenings, treatment for diabetes and high blood pressure, and many other health care services. Hca.wa.gov

MEDICAID

Medicaid is a state and federal program that provides health coverage for very low income.

MEDICARE

Medicare is a Federal program that provides health coverage if you are 65 or older or have a severe disability, no matter your income. *If eligible for both Medicare and Medicaid (dual eligible), one can have both working together to provide health coverage.*

SECTION 8 HOUSING

A locally administered, federally sponsored, voucher-based housing provision program.

Referral Vouchers: Currently, Spokane Housing Authority (SHA), the local Section 8 administrator, partners with the following community agencies to manage the program: Catholic Charities, DSHS ALTSA, Frontier Behavioral Health, Northeast Community Center, Transitions, Spokane County Supportive Living, Volunteers of America (VOA), World Relief, and YWCA.

As a requirement of waiting list status, or continued participation in the Housing Assistance Programs, changes in circumstances affecting income, employment, household size or composition, and other changes **MUST** be reported within 10 days of the change. Rent paid by the client is based on household income. Vouchers are granted using a lottery system. The recipient has to locate housing before the voucher expires.

Tenet-Based Housing Choice Voucher (HCV) is a 'portable' voucher that can be used with any property that meets HUD Housing Quality Standards (more info at portal.hud.gov).

Project-Based Vouchers are assigned to specific addresses. www.spokanehousing.org

SOCIAL SECURITY PAYMENTS

Social Security payments can be accessed in several

ways. One is the Direct Express® card is issued by Social Security to access benefits. One does not need a bank account. It works like a debit card.

SOCIAL SECURITY DISABILITY INSURANCE

Social Security Disability Insurance pays benefits to you and certain members of your family if you are "insured," i.e., qualified for Social Security benefits based on sufficient work history and payment of Social Security taxes. Certain members of the insured's family may also qualify for benefits.

SUPPLEMENTAL SECURITY INCOME (SSI)

Supplemental Security Income (SSI), a Federal income supplement program funded by general tax revenues (*not* Social Security taxes) pays benefits based on financial need. To help aged, blind, and disabled people who have little or no income. Provides cash to meet basic needs for food, clothing, and shelter.

SPOKANE NEIGHBORHOOD ACTION PARTNERS (SNAP)

Spokane Neighborhood Action Program offers many housing related programs, including Financial Planning, Housing Counseling, Utility Assistance, Housing Improvements, and more.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

SNAP EBT Electronic Benefits Transfer (EBT), (commonly known as Food Stamps) is an electronic system that allows a recipient to authorize transfer of their government benefits from a Federal account to pay a retail account.

TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)

The Temporary Assistance for Needy Families program provides grant funds to states and territories to provide families financial assistance and related support services.

WOMEN, INFANTS, AND CHILDREN (WIC)

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides Federal grants to states for supple-mental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infant and children up to age five who are found to be at nutritional risk.