

**SVdP CONFERENCES
SPOKANE AND
SPOKANE VALLEY**

St. Anthony

2320 N. Cedar St.
Spokane 99205
Parish office: 509 327-1162
Leave message for call back.

Mary Queen

3423 E. Carlisle Ave.
Spokane 99217
Conference duty phone:
509 714-3620
Do NOT call the parish office.

St. Francis of Assisi

1104 W. Heroy St.
Spokane 99205
Conference duty phone:
509 202-8331

St. Thomas More

505 W. St. Thomas More Way
Spokane 99208
Parish office: 509 466-0220
Hours: 8:00 - 4:00

St. Mary

304 S. Adams Rd.
Spokane Valley 99216
Parish office: 509 928-3210
Leave message at ext. 151
for call back.

**SPOKANE AREA
RESOURCE
GUIDE
2019
Public information**



**Society of St.
Vincent de Paul
District Council of
Spokane**

PO Box 2906
Spokane, WA 99220
www.svdpspokane.com

*"Charity must be well organized
to be effective."* Vincent de Paul

*Let us do things in a decent and
orderly manner.* Cor. 14:40

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UTILITIES ASSISTANCE

Avista

800-227-9187 (Dial "0" or say "Agent")
1411 E. Mission Ave.,
Spokane 99252-0001
www.avistautilities.com

Spokane City Utilities (Water Billing)

3-1-1 or 509 755-2489

211 Washington Information Network

Dial 2-1-1 or 877-211-9274 Mon-Fri.
Online database <http://win211.org>

Crisis Response-211 Washington Information Network

dial 2-1-1 or
509 838-4651 or 509 838-4128 or
509 838-4428 - Mon-Fri

(SNAP) Spokane Neighborhood Action Partners

509 242-2376 Utilities appointments
509 456-7627 Urgent heat assists
snapenergyassistance.org

SNAP Northeast

509 456-7627
4001 N. Cook St., Spokane

SNAP Armory

509 456-7627
212 W. 2nd Ave., Spokane

SNAP Spokane Valley

Assists: (Havana to Idaho border.
Energy Appointments - open seasonally)
509 926-1054
10814 E. Broadway Ave., Spokane Valley

Catholic Charities

509 455-4963 Emergency Hotline
509-358-4250 Main number
catholiccharitiesspokane.org

Salvation Army Family Service Center

(Call to for current hours & necessary documents to bring-
proof of income within last 30 days, & shut-off notice.)
509 325-6821
204 E. Indiana Ave, Spokane

Cancer Care

(National organization assisting those with cancer.)
800-813-4673

Audubon Park Methodist Church

Assists: (99205 zip, Spokane)
509-325-4541

Caritas Outreach Ministries

Assists: (North of Montgomery, West of Division)
509-326-2249
1612 West Dalke Ave., Spokane (Spokane Friends Church)
caritasoutreachministries.org

Holy Cross Lutheran Church

Assists: (North of Sprague, East of Division, Spokane)
509-483-4218

Martin Luther King Family Center

Assists: (99202 zip code area)
509 455-8722 Family Services Department
500 S. Stone St., Spokane
mlkspokane.org

New Hope Resource Center

Assists: (Hawthorne Rd. to Chattaroy)
509-467-2900

Our Place Ministries Spokane

Assists: (South of Montgomery, West of Division, Spokane)
509-326-7267

Real Life Ministries Spokane

509-466-1214

St. John Vianney Catholic Church Spokane Valley

Assists: (Within parish boundaries.)
509-926-5428 Tues/Thurs 9:00am - 12:00pm

Spokane Scottish Rite

Assists: (Avista customers only)
509 624-5491

Spokane Valley Partners

Assists: (Avista & Vera Water/Power customers)
509 927-1153 ext. 12
10814 E. Broadway Ave, Spokane Valley 99206

Home Repair & Weatherization

(SNAP) Spokane Neighborhood Action Partners

(Minor home repairs, income-based, for homeowners residing in that home. Weatherization tips for homeowners or landlords.)
509 456-7627

DOMESTIC VIOLENCE HELP

YWCA Alternatives to Domestic Violence

509 326-2255 (24-hour helpline)
509 789-9297 (counseling)
509 326-1190 (general questions)
930 N. Monroe St., Spokane
ywcaspokane.org

REPORT ABUSE OR NEGLECT

Adult Protective Services

(Report suspected abuse, neglect, or exploitation of a vulnerable adult.)

800 459-0421

WA Department of Social and Health Services (DSHS)

(Report suspected abuse or neglect of child or vulnerable adult.)
866-ENDHARM (866-363-4276)
dshs.wa.gov

Call 9-1-1 if a child or adult is in an emergency situation.

PHONE ASSISTANCE

Assurance Phone Program

888 898-4888

SafeLink Wireless

800 7-233-5465 NOTE: Need to have shipping address.

MONEY MANAGEMENT WORKSHOPS

Protective Payee Program

American Indian Community Center 509 535-0886
Goodwill 509 344-0163
Spokane Valley Partners 509 927-1153 ext. 21

(SNAP) Spokane Neighborhood Action

Partners (Money Mgmt., Foreclosure Prevention & more)
509 456-7627
500 S. Stone St., Spokane
www.snapwa.org

RENTERS GUIDANCE

Responsible Renters Program

(Facilitated by YWCA of Spokane)
Classes to understand getting & keeping permanent housing.
509 789-9281

HOMELESSNESS PREVENTION

Catholic Charities Spokane

509 455-4963 Emergency Hotline
509-358-4250 Main number

Homeless Families Coordinated Assessment (HFCA) (Administered by Catholic Charities)

509 325-5005
19 W. Pacific Ave., Spokane
(Prospective applicants may call for qualifications.)
Walk-in appts: M-Thur 12:30pm-4:30pm

Homeless Singles Coordinated Assessment (HSCA) (Administered by SNAP)

Call for Walk-in hours.
509 456-7627 (Closed 12-1pm)
212 S. Wall St., Spokane
Appts: M-W & F: 8:00 am-4:30 pm, Thur: 10:30 am-4:30 pm

Housing Homeless Women with Children

Naomi

509 926-6492. (Women must be at least 18. Wait list.)
11302 E. Broadway Ave., Spokane Valley
naomicommunity.org

**Housing Homeless Teen Moms with
Children**

GraceSon Foundation

509 939-5370
www.gracesonhousingfoundation.org

TENANT ADVOCACY

**Spokane Center for Independent Living
(SCIL)**

509 326-6355
8817 E. Mission Ave., Ste. 106, Spokane Valley

Northwest Fair Housing Alliance

509-325-2665
35 W. Main St., Spokane, Suite 250, Spokane
www.nwfairhouse.org/resources.php

Tenants Union of WA State

(Tenants' rights counseling)

Hotline: 206 723-0500
Spokane: 509 464-7620 (Call for locations)
www.tenantsunion.org

LEGAL ASSISTANCE

Gonzaga University Legal Assistance

Assists: (Low-income persons 60 years & older.)

509 313-5791

**Volunteer Lawyers Program Spokane County
Bar (VLP)**

Northwest Justice Project/ CLEAR

(Coordinated Legal Education, Advice & Referral)

888 201-1014 M-F 9:15am-12:15pm
nwjustice.org/clear-online
If unable to reach CLEAR, contact 509 324-9128 or
509 324-0144 M or W after 1pm
888 387-7111 Age 60 plus
800 606-4819 Assistance with Foreclosures

EMERGENCY SHELTERS

Families:

Open Doors

(Administered by Family Promise)
Emergency Day Shelter 7:30am-7:30pm

509 747-4663
631 S. Richard Allen Court, Spokane
www.familypromiseofspokane.org

**Salvation Army Family
Emergency Shelter for Families**

M - Thur 12:30pm - 5 pm

509-325-6810
222 E. Indiana Ave., Spokane

Women and Children

**Union Gospel Mission (UGM)
Crisis Shelter for Women and Children**

(Prospective clients check-in ANY TIME.)

509-535-0486
1515 E. Illinois Ave., Spokane

Women's Recovery at Anna Ogden Hall

(Union Gospel Mission program.)

509 327-7737
2828 W. Mallon Ave., Spokane

**Single Women, nighttime (sleeping)
shelter**

House of Charity

(Accepts people in any condition, including mentally ill and
intoxicated. May bring a pet.)

509-624-7821
32 W. Pacific Ave., Spokane

**Hope House for Women
Volunteers of America (VOA)**

509 455-2886
111 W. 3rd Ave., Spokane

continued -

EMERGENCY SHELTERS - continued

Single Women: Daytime shelter

Women's Hearth

509 455-4249 (showers)
920 W. 2nd Ave., Spokane

Our Place Ministries Spokane

509-326-7267 (Laundry facilities, personal hygiene items)

Teens:

Crosswalk Teen Shelter

(Ages 13-17)

509 838-6596
525 W 2nd Ave., Spokane

Cup of Cool Water (CCW)

(Ages 22 & under)

509 747-6686
1106 W 2nd Ave., Spokane

Single Men:

House of Charity

(Accepts people in any condition, including mentally ill and intoxicated. May bring a pet.)

509 624-7821
32 W. Pacific Ave., Spokane

Union Gospel Mission (UGM)

(Sobriety preferred, subject to Breathalyzer test, and must attend religious services.)

509 535-8510
1224 E. Trent Ave., Spokane

WINTER WARMING CENTERS

NOTE: Warming Centers are usually open 8pm-7am on nights when temperature is predicted to fall below 20°.

Families

Open Doors

(Administered by Family Promise)
Emergency Day Shelter 7:30am-7:30pm

509 747-4663
631 S. Richard Allen Court, Spokane
www.familypromiseofspokane.org

Adult men & women

Cannon St. Center

527 S. Cannon St., Spokane

Salem Lutheran Church

509 328-6280
1428 W. Broadway Ave., Spokane

Salvation Army Family Resource Center

509 325-6810
213 E. Ermina Ave., Spokane

Westminster Congregational Church

(ages 18 - 24 years)

509 624-1366
411 S. Washington St., Spokane

Single women

Hope House for Women

Volunteers of America (VOA)

509 455-2886
111 W. 3rd Ave., Spokane

HEALTH CARE ASSISTANCE

Children's Home Society of WA

(Child and Family Counseling birth to age 21)

509 747-4174

Community Health Association of Spokane (CHAS)

(Call for medical & dental clinic locations.)

509 444-8200
866 418-1002 24/7 Advice Hotline
Chas.org

Frontier Behavioral Health | Spokane Mental Health Services 'First Call for Help'

877 266-1818 24/7 Hotline
fbhwa.org

continued -

HEALTH CARE ASSISTANCE -
continued

**WA Department of
Social and Health Services (DSHS)**

877-501-2233 M-F: 8am - 5pm
dshs.wa.gov

DSHS Community Services Offices (CSO)

509 227-2500 M-F: 8am - 5pm
1313 N. Maple St., Spokane 99201
OR

509 227-2770
8517 E. Trent Ave., Ste. 101, Spokane 99212

DentistLink

**The ARCORA Foundation of
Delta Dental of Washington**

Serves: (Apple Health *Medicaid* clients & without insurance.)
844 888-5465 (call or text to find dentists nearby)
www.dentistlink.org

**Spokane District Dental Society Foundation
(IDEA Clinic)**

509 482-4332
4001 N. Cook St., (Spokane N.E. Community Center)
sddsfoundation.org

Spokane Scottish Rite

FREE Medical Equipment Loan Closet - no delivery
509 624-5491

Native Project

509 483-8735
1803 W. Maxwell Ave., Spokane nativeproject.org

Union Gospel Mission (UGM)

509 535-8510
1224 E. Trent Ave., Spokane

CHILDREN NEEDS

Baskets for Babies

(By appointment only, last trimester & up to 3 months old.)
509 214-2634 (leave message)
Spokane Valley
www.basketsforbabies.org

**Childbirth & Parenting Assistance (CAPA)
Pregnancy & Parenting Support (PREPARES)**

(Administered by Catholic Charities)
(Pregnancy to child's 5th birthday. Diapers, clothing, counseling.)
25 W. 5th Ave., Spokane
509 455-4986

**Children's Home Society of WA
Parents as Teachers**

(FREE Home visiting program pregnancy to age 3.)
509 747-4174

Mission Community Outreach Center

Assists: (Diapers. Check in August for back-to-school shoes.)
509 536-1084
1906 E. Mission Ave., Spokane

Spokane Valley Partners

(Diapers once a month.)
509 927-1153
10814 E. Broadway Ave., Spokane Valley

Pregnancy & Parenting Support (PREPARES)

(Pregnancy to child's 5th birthday. Diapers & clothing.)
509 928-3210 ext. 152 Lambs Closet
304 S. Adams Road, Spokane Valley

Vanessa Behan Crisis Nursery

(Diapers, wipes & formula once a month.)
509 535-3155
1004 E. Eighth Ave., Spokane

Salvation Army Backpacks for Kids

(Check for August date.)
www.spokane.salvationarmynw.org/spokane/backpacks-
for-kids-spokane

Soul to Soles

(New shoes & socks for preschool children enrolled in
federal/state preschool programs, ECEAP centers.)
www.soultosoles.org

**Women, Infants, Children Supplemental
Food Program (WIC)**

www.wicspokane.org

Martin

Luther King Family Outreach Center

(East Central Community Center)
509 323-2830
500 S. Stone St., Spokane

Northeast Community Center

509 323-2828
4001 N. Cook St., Spokane

continued -

CHILDREN NEEDS - continued

Women, Infants, Children Supplemental Food Program (WIC) continued -

North Spokane WIC

509 323-2818
5901 N. Lidgerwood St., #224

Downtown Spokane-SRHD

509 324-1620
1101 W. College Ave.

West Central Community Center

509 323-7497
1603 N. Belt St., Spokane

Spokane Valley WIC

509 323-2800
12213 E. Broadway Ave., 2nd floor

ELDER NEEDS

Adult Protective Services

800 459-0421

Catholic Charities Spokane

(Senior Services)

509 459-6175 or 509 459-6172
catholiccharitiesspokane.org

Community Living Connections (CLC)

Aging & Long Term Care of Eastern WA (ALTCEW)
(Information, referrals & assistance in
Spokane County for Seniors & Disabled.)

509 960-7281 Aging & Disabilities Helpline
altcew.org

Family Caregiver Support/Elder Services

(Frontier Behavioral Health program)

509 458-7450

MILITARY & RETIRED MILITARY RESOURCES

Fairchild Air Force Base Airman and Family Readiness Center

92 FSS/FSFR

Non-retired veterans NOT eligible

509-247-2246 www.fairchildfamilysupport.org
(Type 'Emergency Assistance' in the Search box.)

Army Career Employment Specialist

509 247-7918

Department of Housing & Urban Development & VA's Supportive Housing (HUD-VASH)

509 462-2500

Spokane County Regional Veteran Services

Honorable Discharge ONLY

509 477-3690

1111 N. Evergreen Rd., Spokane Valley
www.spokanecounty.org/Veteran

Spokane Vet Center

(Free counseling services. Administered by VA.)

509 444-8387 or

877 927-8387 (For assistance after hours.)

13109 E. Mirabeau Parkway, Spokane Valley

U.S. Department of Veterans Affairs

877 424-3838

va.gov/HOMELESS/NationalCallCenter.asp

Mann-Grandstaff VA Medical Center

509 434-7000 or 800 325-7940 (24/7)

spokane.va.gov

CAREER COUNSELING, MENTORING, & PREPARATION

AARP Senior Employment

(55 & older, low income; bring skills up to date)

509 325-7712

Career Path Services

(No fee nonprofit employment & training.)

509 326-7520

Careerpathservices.org

Career Transitions

(Spokane Community College)

509 533-4600

Community Colleges Institute for Extended Learning - GED Preparation

509 533-4600 (Ages 19 & up)

www.iel.spokane.edu

Next Generation Zone

FREE GED Prep/Test (Low-income ages 16-24)

509 340-7800

www.nextgenzone.org

Spokane County Libraries

www.sclld.org (Job seeker resources.)

WorkSource Spokane

(One-stop services center, no appointment required.)

509 532-3000

130 S. Arthur St., Spokane 99202

worksource.wa.com

YWCA Opportunity Center

509-326-1190

930 N Monroe St., Spokane

ywcaspokane.org

NATIVE AMERICAN RESOURCES

Services for tribal & non-tribal community members

American Indian Community Center

509 535-0886

610 E. North Foothills Dr., Spokane

www.aiccinc.org

Native Project

509 483-7535 Medical

509 483-8735 Dental

1803 W. Maxwell Ave., Spokane

www.nativeproject.org

Camas Path

509 789-7630

934 S. Garfield Rd.

Airway Heights, WA 99001

kalispeltribe.com

Vocational Rehabilitation Program Spokane Tribe

NOTE: Serves enrolled tribal members of Federally recognized tribes with documented disabilities.

509 258-7502 or annen@SpokaneTribe.com

spokanetribe.com

FOOD BANKS

NOTE: Call for zip code areas served. Days & hours vary. May require picture ID, current proof of address, & Social Security cards for household members. Must be over 18.

American Indian Community Center

Assists: (99202 zip code)

509 535-0886

610 E. North Foothills Dr., Spokane

Audubon Park Methodist Church

Assists: (99205 zip code)

509 325-4541

3908 N. Driscoll Blvd., Spokane

Better Living Center

509 325-1258

25 E. North Foothills Dr., Spokane

Calvary Baptist Church

509 747-8793

203 E. 3rd Ave., Spokane

Caritas Outreach Food Bank

(By appointment)

509 326-2249

1612 W. Dalke Ave, Spokane

City Gate

509 455-9670 (Leave message)

170 S. Madison St., Spokane

Dream Center Resource Center

509 926-7878

2128 N. Pines Rd., Ste. #2, Spokane Valley

East Central Community Food Bank

(Managed by Martin Luther King Center)

509 868-0856

500 S. Stone St., Spokane

Eastpoint Single Mom's Pantry

509 533-6800

15303 E. Sprague Ave., Spokane Valley

East Valley Baptist Church

509 928-4809

14516 E. Wellesley Ave., Spokane Valley

Northeast Food Pantry

509 290-5691

4520 N. Crestline St., Spokane

NW Ecumenical Food Bank

509 325-4541 (Leave message)

3908 N. Driscoll Blvd., Spokane

Opportunity Christian Fellowship

509 926-2673 (10am-2pm Thurs. & Fri.)

12321 E. 14th Ave., Spokane Valley

Our Place Food Bank

(South of Montgomery, West of Division)

509 326-7267

1509 W. College Ave, Spokane

Salvation Army Food Bank

Assists: (all zip codes)

509 325-6821

204 E. Indiana Ave., Spokane

2nd HARVEST Mobile Market

(Call for locations & dates.)

509 252-6270

www.2-harvest.org

Serve Spokane

Assists: (99208 zip code)

509 998-5722

8303 N. Division St., Spokane

Southside Food Bank

509 535-2301 (Saturdays 10:30am-12pm)

2934 E. 27th Ave, Spokane

Southwest Spokane Community Center

509 624-8634 (Fridays)

310 S. Spruce St., Spokane

swspokanecc.com

Spokane Valley Partners Food Bank

(By appointment Wed. & Thurs.)

509 927-1153 ext. 10

10814 E. Broadway Ave., Spokane Valley

Valley Assembly

509 924-0466 (Open Wed. 4-6pm)

15618 E. Broadway, Spokane Valley

Westminster Presbyterian Church Food Bank

509 329-0351

2705 W. Boone, Spokane

CLOTHING BANKS

NOTE: Days & Hours vary, call for information.
May request proof of address.

American Indian Community Center

Assists: (99202 zip)

509-535-0886

610 E. North Foothills Dr., Spokane

Central Lutheran Church

509-624-9233

512 S. Bernard St., Spokane

City Gate Spokane

509-455-9670

170 S. Madison St., Spokane

Dream Center Resource Center

509 926-7878

2128 N. Pines Rd., Ste. #2, Spokane Valley

Mission Community Outreach Center

509 536-1084

1906 E. Mission Ave., Spokane

Opportunity Christian Fellowship

509 926-2673 **Klothes Kloset** (10am-2pm Thurs. & Fri.)

12321 E. 14th Ave., Spokane Valley

Our Place Ministries

509-326-7267

1509 W. College Ave., Spokane

Peaceful Valley Community Center

509-624-8634

214 N. Cedar St., Spokane

Serve Spokane

Assists: (99208 zip code)

509 998-5722

8303 N. Division St., Spokane

Spokane Valley Partners Clothing Bank

509-927-1153

10814 E. Broadway Ave., Spokane Valley

Union Gospel Mission (UGM)

509-535-8510

1224 E Trent Ave., Spokane

YWCA Our Sister's Closet

509-326-1190

930 N. Monroe St., Spokane

HOUSEHOLD ITEMS

NOTE: Days & Hours vary, call for information.

American Indian Center

509-535-0886

801 E Second, Ste. 10, Spokane

Better Living Center

509-325-1258

25 E. North Foothills Dr., Spokane

Caritas Outreach Ministries

509-326-2249 (By appointment)

1612 W. Dalke Ave, Spokane

Mission Community Outreach Center

Assists: (Spokane addresses)

509 536-1084

1906 E. Mission Ave, Spokane

Off-Broadway Family Outreach

509-998-4096 or 509 998-2630

W. Broadway Ave. & Nettleton St., Spokane

Opportunity Christian Fellowship

509 926-2673 **Klothes Kloset** (10am-2pm Thurs. & Fri.)

12321 E. 14th Ave., Spokane Valley

Our Place Ministries

509-326-7267

1509 W. College Ave., Spokane

Peaceful Valley Community Center

509-624-8634

214 N. Cedar St., Spokane

Salvation Army Family Services

509-325-6821

204 E. Indiana Ave., Spokane

Spokane Valley Partners

509-927-1153

10814 E. Broadway Ave., Spokane Valley

Volunteers of America Emergency Assistance

509-624-2378

525 W 2nd Ave., Spokane

PET NEEDS

Humane Society Spokane

(Free cat & dog food)

509-467-5235 ext. 215

6607 N. Havana St., Spokane

NOTE: Meals-On-Wheels' clients do not need to share meals with pets. Free cat & dog food may be available.

Meals-On-Wheels

509 456-6597 Spokane

Meal-On-Wheels

509 924-6976 Greater Spokane County

AUTOMOTIVE MAINTENANCE

Spokane Community College

(Diagnostics & minor repairs on vehicles newer than 10 yrs.
NO engine or transmission work.)

509 533-7100

NEIGHBORHOOD/SOCIAL SERVICE CENTERS

NOTE: Call or visit website for current information on programs and agencies housed at a particular site.

Food banks are limited to neighboring zip code areas.

Martin Luther King Family Outreach Center

(East Central Community Center)

Food bank, GED classes, SNAP foreclosure prevention & more.

509 868-0856

500 S. Stone St., Spokane

mlkspokane.org

Northeast Community Center

(SNAP energy appts., ECEAP & Head Start, Community Health)

509 487-1603

4001 N. Cook St., Spokane

necommunitycenter.com

Northeast Youth Community Center

(Food programs: evening during school year & summer)

509 482-0708

3004 E. Queen Ave., Spokane

spokaneneyc.com

Southside Community Center

(Food bank, blood pressure clinic)

509 535-0803

3151 E. 27th Ave., Spokane

southsidecc.org

Southwest Spokane Community Center

(Food bank open Fridays)

509 624-8634

310 S. Spruce St., Spokane

swspokanecc.com

West Central Community Center

(Head Start/Early Learning)

509 326-9540

1603 N. Belt St., Spokane

westcentralcc.org

Spokane Resource Center: A HUD EnVision Center

(One-stop social services center, no appointment required.)

509 867-8189

Second floor WorkSource building

130 S. Arthur St., Spokane 99202

OUTSIDE SPOKANE

NOTE: Call for information, days & hours vary. Food Banks may require picture ID, current proof of address, and Social Security cards for household members. Must be over 18.

AIRWAY HEIGHTS

Airway Heights Baptist Church Food Bank

509 244-2474
12322 Sunset Hwy

Airway Heights Food Bank

509 244-4845
13120 West 13th

Airway Heights Thrift Store

509 244-1551

Camas Path

509 789-7630
934 S. Garfield Rd.
Airway Heights, WA
99001
kalispeltribe.com

Cleone's Closet

509 244-6215
1515 S. Lyons Rd.

SRHD WIC (Women, Infants, Children Supplemental Food Program)

509 244-9334
13120 West 13th Ave.
www.spokanewic.org

CHENEY

Cheney Outreach Services

(T-W 9:00am - 11:30am)
509 235-8900
616 3rd St, Cheney

Cheney Community Clothing Exchange

509 235-2327
620 3rd St.

Cheney Food Bank

509 235-2325
3rd & C St.

SHRD WIC (Women, Infants, Children Supplemental Food Program)

509 559-5839
204 4th St., United
Methodist Church
www.spokanewic.org

COLBERT

New Hope Resource Center

509 467-2900
4211 E Colbert Rd.

DEER PARK

GreenHouse Community Center

509 276-6897

SRHD WIC (Women, Infants, Children Supplemental Food Program)

509 276-3770
113 E. 2nd Ave., United
Methodist Church
www.spokanewic.org

ELK

North County Food Bank

509 292-2530
40015 N. Collins Rd.

FAIRFIELD

**North Palouse
Community Food Bank**
509 283-4250

MEAD

Kira's Kloset

Assists: (Children 0-18)
(Open on third Sat of month
10am-1pm, except July & Dec.)
509 465-9466
12509 N Market St.

Mead Food Bank

509 466-7068
12611 N. Wilson

MEDICAL LAKE

**Care & Share Thrift
Store** 509 299-9024
211 Lefevre St.

Medical Lake Food Bank

509 299-3819
207 S. Washington St.

OTIS ORCHARDS

Otis Orchards Food Bank

509 842-2355
4308 N. Harvard Rd.

SPANGLE

Spangle Food Bank
509 245-3206
305 E. 2nd Ave.

PROGRAMS DEFINED

AID TO FAMILIES WITH DEPENDENT CHILDREN (AFDC)

Aid to Families with Dependent Children (AFDC) was established by the Social Security Act of 1935 as a grant program to enable states to provide cash welfare payments for needy children who had been deprived of parental support or care because their father or mother was absent from the home, incapacitated, deceased, or unemployed.

APPLE HEALTH (MEDICAID) COVERAGE

In Washington State, Medicaid is called Apple Health. Apple Health provides preventative care, like cancer screenings, treatment for diabetes and high blood pressure, and many other health care services. hca.wa.gov

MEDICAID

Medicaid is a state and federal program that provides health coverage for very low income.

MEDICARE

Medicare is a Federal program that provides health coverage if you are 65 or older or have a severe disability, no matter your income. *If eligible for both Medicare and Medicaid (dual eligible), one can have both working together to provide health coverage.*

SECTION 8 HOUSING

A locally administered, federally sponsored, voucher-based housing provision program.

Referral Vouchers: Currently, Spokane Housing Authority (SHA), the local Section 8 administrator, partners with the following community agencies to manage the program: Catholic Charities, DSHA ALTSA, Frontier Behavioral Health, Northeast Community Center, Transitions, Spokane County Supportive Living, Volunteers of America (VOA), World Relief, and YWCA.

As a requirement of waiting list status, or continued participations in the Housing Assistance Programs, changes in circumstances affecting income, employment, household size or composition, and other changes **MUST** be reported within 10 days of the change. Rent paid by the client is based on household income. Vouchers are granted using a lottery system. The recipient has to locate housing before the voucher expires.

Tenet-Based Housing Choice Voucher (HCV) is a 'portable' voucher that can be used with any property that meets HUD Housing Quality Standards (more info at portal.hud.gov).

Project-Based Vouchers are assigned to specific addresses. spokanehousing.org

SOCIAL SECURITY PAYMENTS

Social Security payments can be access in several ways. One is the Direct Express® card is issued by Social Security to access benefits. One does not need a bank account. It works like a debit card.

SOCIAL SECURITY DISABILITY INSURANCE

Social Security Disability Insurance pays benefits to you and certain members of your family if you are "insured," i.e., qualified for Social Security benefits based on sufficient work history and payment of Social Security taxes. Certain members of the insured's family may also qualify for benefits.

SUPPLEMENTAL SECURITY INCOME (SSI)

Supplemental Security Income (SSI), a Federal income supplement program funded by general tax revenues (*not* Social Security taxes) pays benefits based on financial need. To help aged, blind, and disabled people who have little or no income. Provides cash to meet basic needs for food, clothing, and shelter.

SPOKANE NEIGHBORHOOD ACTION PARTNERS (SNAP)

Spokane Neighborhood Action Program offers many housing related programs, including Financial Planning, Housing Counseling, Utility Assistance, Housing Improvements, and more.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

SNAP EBT Electronic Benefits Transfer (EBT), (commonly known as Food Stamps) is an electronic system that allows a recipient to authorize transfer of their government benefits from a Federal account to pay a retail account.

TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)

The Temporary Assistance for Needy Families program provides grant funds to states and territories to provide families financial assistance and related support services.

WOMEN, INFANTS, AND CHILDREN (WIC)

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides Federal grants to states for supple-mental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding post-partum women, and to infant and children up to age five who are found to be at nutritional risk.